

*A practical guidebook to help us take God at His word  
and live lives of freedom and power. —Jennie Allen*

Nicole Unice



The  
Struggle  
is  
Real.

Getting better at life,  
stronger in faith,  
and free from the stuff  
keeping you stuck

**FIRST BAPTIST CHURCH  
204 ODESSA AVENUE  
PITTSBURG, CA 94565**

*Fall Bible Study*

**REV. ABRAHAM GUNTER,  
INSTRUCTOR  
September 26, 2018**

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**REVIEW**

**TWO KEY WORDS**

**WISDOM:** God’s knowledge applied unto our lives.

**STRUGGLE:** Make forceful or violent efforts to get free of restraint or constriction.

***SEEK AND HELP!***

**PROVERBS 3:1-18**  
**SEARCHING FOR THE GOOD LIFE**

<b>GOOD LIFE</b>	<b>CHALLENGED LIFE</b>
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.

**SCRIPTURE**

**James 1:5 New International Version (NIV)**

<sup>5</sup> If any of you lacks wisdom, you should ask God, who gives generously to all without finding fault, and it will be given to you.

**Proverbs 3:17-18 New International Version (NIV)**

<sup>17</sup> Her ways are pleasant ways, and all her paths are peace.

<sup>18</sup> She is a tree of life to those who take hold of her; those who hold her fast will be blessed.

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**SEARCH**

**FIND THE TRUTH BY DISCOVERING YOUR BLIND SPOTS  
(WHAT ARE THEY?)**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

**EVALUATION**

**A. The Good Life Inventory.** Think about the last two weeks. Circle the number below of the statement that currently describe you. Answer honestly – this is for your growth! The only way we grow is with honesty, and the only person you would be lying to is yourself. Be courageously honest.

1. I am totally committed to knowing the truth about myself. I am not afraid to ask others around me to help me see blind spots or trouble areas in my life.
2. I have a peaceful and non-anxious presence, both inside and out.
3. Generally I feel that my soul is untroubled and undisturbed. I have nothing to hide.
4. I regularly and sincerely ask for forgiveness from my family, friends, and co-workers.
5. I respect my own heart, body, and soul as something to be cherished.
6. I treat conflicting patterns of thinking and behaving in myself with gentleness.
7. I have a clear sense of purpose in my life.
8. I have experienced deep compassion for someone who has hurt me.
9. I feel total freedom from my past hurts and regrets.
10. I experience joy on a daily basis.

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**KEY FACTORS THAT AFFECT MY STRUGGLE**  
**(GROUP EXERCISE)**

- Frustrated because of...
- Behavior symptoms that make me aware...
- As a result of my frustration, I find myself vulnerable because...
- As a result of my blind spots, I do things different. How?

**LIVING THE GOOD LIFE IS A CHOICE THROUGH WISDOM**

**Deuteronomy 30:19-20 New International Version (NIV)**

<sup>19</sup>This day I call the heavens and the earth as witnesses against you that I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live <sup>20</sup>and that you may love the Lord your God, listen to his voice, and hold fast to him. For the Lord is your life, and he will give you many years in the land he swore to give to your fathers, Abraham, Isaac and Jacob.

**EXEGETING THIS TEXT**

**KEY FACTORS:**

Resource; Witnesses in heaven and earth; “How?”

Choices; Life or death – interpret. Blessings or curses – interpret.

Expectation; Life through Living God; How?

Death; How?

Application; How is it performed?

**HOMEWORK ASSIGNMENT**

In your own words, write an acceptance paragraph to God accepting His invitation to Christ.