

WEEKLY BIBLE STUDY

**THE STRUGGLE  
CONTINUES**

**FIRST BAPTIST CHURCH  
204 ODESSA AVENUE  
PITTSBURG, CA 94565**

*Bible Study*

**THE STRUGGLE CONTINUES  
*“Healing That Helps”***

**REV. HENRY L. PERKINS,  
INSTRUCTOR  
April 10, 2019**

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REVIEW

*“Surviving the Struggle”*  
*“The Unexamined Life is Not Worth Living”*  
~ Socrates

- The struggles of Christianity calls into question our accountability
- The struggles of Christianity calls into question our affiliation
- The struggles of Christianity calls into question our commitment to God’s holiness
  
- Our involvement in the struggles requires grace
- Our involvement in the struggles requires sacrifice
- Our involvement in the struggles requires trusting God for ourselves and with our enemies

**TODAY’S LESSON**  
*“Healing That Helps”*

Healing that helps display guilt of a wrong we’ve committed that needs to be made right, and a grief being unfinished business that needs to be brought under subjection to the Holy Spirit.

**DEFINITIONS**

Heal(ing) – something that promotes restoration of health, bring a person into righteousness, making them complete again.

Guilt - having committed a specified or implied offense or crime; make (someone) feel guilty, especially in order to induce them to do something.

Grief - deep sorrow, especially that caused by someone's death; trouble or annoyance.

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**OBJECTIVES**

- Students will examine the practical impact of guilt and grief used to draw disciples closer to God
- Students will embrace biblical instructions used to identify the impact, and proceed in the direction towards God’s healing

**GOALS**

**A. “Our Approach to Healing”**

*If my people, which are **called** by my name, shall **humble** themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.*

(2 Chronicles 7:14)

**THE WORK INVOLVED IN HEALING**

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

**B. Processing Grief**

1. **Acknowledging** God’s presence

*Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. (Psalms 139:7-8)*

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**B. Processing Grief (Cont'd.)**

**2. Locating God's presence**

*Look to the Lord and his strength; seek his face always.  
(1 Chronicles 16:11)*

**3. Utilizing God's presence**

*And without faith it is impossible to please God, because anyone who comes to him must believe that he exists and that he rewards those who earnestly seek him. (Hebrews 11:6)*

**C. Removing the Guilt**

**1. Acknowledging It Exist**

*for all have sinned and fall short of the glory of God, (Romans 3:23)*

**2. Leaving It In the Past**

*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.  
(1 John 1:9)*

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**D. Removing the Guilt (Cont'd.)**

3. Making Amends for Restoration With Others

**Forgive:** *Then Peter came to Jesus and asked, "Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?" Jesus answered, "I tell you, not seven times, but seventy-seven times. (Matthew 18:21-22);*

and move in a...

**New Direction:** *Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new. (2 Corinthians 5:17)*

**TAKE-A-WAYS**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_