

*A practical guidebook to help us take God at His word
and live lives of freedom and power. --Jennie Allen*

Nicole Unice



The
Struggle
is
Real.

Getting better at life,
stronger in faith,
and free from the stuff
keeping you stuck

**FIRST BAPTIST CHURCH
204 ODESSA AVENUE
PITTSBURG, CA 94565**

Fall Bible Study

**REV. HENRY L. PERKINS,
INSTRUCTOR
September 12, 2018**

FIRST BAPTIST CHURCH - FALL BIBLE STUDY
204 ODESSA AVENUE – PITTSBURG, CA 94565
REV. HENRY L. PERKINS, M.DIV., SENIOR PASTOR
September 12, 2018

TOPIC: The Struggle is Real
START DATE: September 12
TIMES: 12:00 noon & 7:00 pm
INSTRUCTOR: Pastor Henry L. Perkins

TEXTBOOKS: NIV Bible, The Struggle is Real by Nicole Unice
Logos Bible Software

GOAL: Students will experience the freedom that comes from self and God awareness, recognizing how God meets us in the struggle providing His grace, truth, and mercy.

OBJECTIVES: To gain insight for discernment, which allows us to respond accurately with spiritual tools.

SYLLABUS

(Subject to change as directed by the Holy Spirit)

September 12	Introduction – The Struggle is Real
September 19	Inviting God into Your Struggle
September 26	The Struggle Continues
October 3	The Struggle in Politics (How Does it Affect the Church?)
October 10	Your Struggle Matters
October 17	Freedom in the Struggle
October 24	Foundation for the Struggle
November 7	Re-Writing My Life in the Struggle
November 14	Transition in the Struggle
November 28	Changes I Make Because of the Struggle

CLASS STRUCTURE

Footnote: The target audience of this study is toward people searching for answers about how life works during our most difficult times.

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CLASS SCHEDULE
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Introduction: The Struggle is Real

Definition: Struggles are defined as making forceful efforts to get free of restraint or constriction; described as hard, difficult, laborious, etc.

The Impact:

- We become engaged in conflict
- We have difficulty processing communication that works
- We feel constricted in trying to move forward...

How do we counteract our struggles?

THE RESULT OF MY STRUGGLES

FEELINGS	AREAS

ACTION PLAN:

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PART I
THE VIDEO – “THE STRUGGLE”

Video Reflections:

1. Wisdom provides clarity in a confusing world. How do you process world and/or culture chaos using wisdom as a positive?
2. Fearing God is not about punishment but about love! How do you orchestrate the difference? What word comes to mind when you think about fearing God?
_____!

We have a choice to internalize what we hear; what perimeters do you utilize in making such determination? How do you guard your heart?

Note: When is wisdom compared to knowledge?

The Testimony (Liz’s Story):

“I had to surrender all of my fears and all of my worries to God’s best for me. And it wasn’t until I did...that things really changed for me. The more I leaned into God and trusted Him for every aspect of my life, the more joy I felt.”

Gaining wisdom from God. What is it? Where do you obtain it?

PART II
GROUP EXERCISES

1. In your own words, with your group, reflect on one thing from Liz’s story or Nicole’s teaching that you needed to hear today.
2. What choices did Liz make in difficult times that changed her perspective? As you consider difficult situations or relationships in your life, where would you most likely adopt a new outlook or attitude?

